



SIZWE HOSMED MEDICAL SCHEME

Your choice for quality care



PLAN HIGHLIGHTS 2024

View full benefit detail, protocols, authorisation requirements and sub-limits at
www.sizwehosmed.co.za
0860 100 871



IN-HOSPITAL BENEFITS

Hospital and related

- No overall annual limit (100% Scheme rate)
- Private hospitals (EDO plan network hospitals)
- Specialist cover at 100% medical aid rate
- To-Take-Out medication (TTO): seven (7) days
- Maternity cover within medical protocols (100% Scheme rate)
- Internal and external prosthesis: R32 595 per family
- Oncology: unlimited for PMB and 80% scheme rate cover above R229 320
- Specialised radiology: combined in and out of hospital, R23 786 per family per annum
- Ambulance and Emergency Services – Europe Assist (0860 117 799) 24-hour access. Authorisation required within 72 hours of an emergency event

OUT-OF-HOSPITAL BENEFITS

Day-to-Day benefits include

- GP, Specialist (excluding Psychiatrists) outpatient facilities, Physiotherapy, Radiology, Pathology and Acute medication. EDO plan – access benefits from Network providers
- Benefits ranging from R7 228 to R19 755 based on family size

Dental care – Benefit managed by Dental Risk Company

- Benefit cover for conservative dentistry per beneficiary
- Two (2) consultations per beneficiary
- Oral Hygiene
- Extractions
- Fillings
- Intra and extra oral x-rays
- Root Canal treatment
- Plastic Dentures: One (1) set, full or partial in a four (4) year period

Optical – Benefit managed by Isoleso

- 24 month treatment cycle
- One (1) eye test per beneficiary
- Frames: R713 per beneficiary
- Lenses: single vision – R229 and up to R497 per lens for bifocal & multifocal
- Or choose contact lenses up to R1 572

Maternity benefits – Register on the Bambino programme

- Ten (10) antenatal visits per pregnancy, six (6) either with a GP, Midwife and four (4) with a Specialist Obstetrician.
- Specified maternity blood tests covered
- Vitamins: R270
- Two (2) 2D Scans
- Childhood Immunisation as per Department of Health up to 12 years of age.
 - 1 heart, hearing and vision screening for babies under 2 years of age

Medical health benefit – Psychiatrists and Clinical Psychologist

- R6 590 per family per annum

Medical appliances benefit (Includes nebulizer, C-Pap machine)

- R1 291 single member or R2 074 per family

Auxiliary

- R1 280 per beneficiary per annum

Wheelchair and hearing aid benefit (four [4] year cycle)

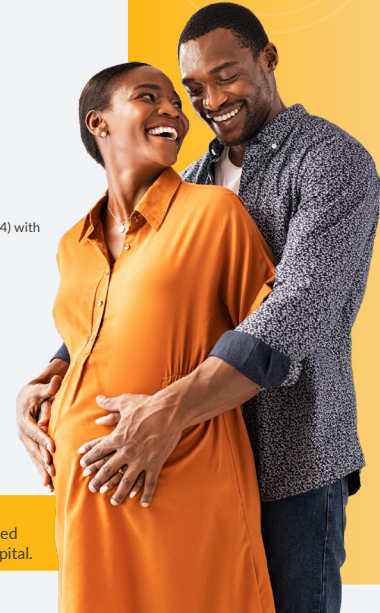
- Wheelchair R2 389 per family
- Hearing Aids R19 091 per family per annum

Efficiency Discounted Option (EDO)

Choose the EDO plan and enjoy the same rich benefits accessed within a network of service providers both for In and Out of hospital.

PAY AT CHILD RATE UP TO
THE AGE OF 26 YEARS

PAY FOR A MAXIMUM
OF 3 CHILDREN
(4TH OR MORE ARE FREE)





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CHRONIC BENEFITS

Cover for 26 PMB chronic conditions, subject to registration and approval.
Covered medication, bloods and GP within PMB protocols and authorisations.

- Addison's disease
- Asthma
- Bipolar Mood Disorder
- Bronchiectasis
- Cardiac failure
- Cardiomyopathy
- Chronic obstructive pulmonary disease
- Chronic renal disease
- Coronary artery disease
- Crohn's disease
- Diabetes insipidus
- Diabetes mellitus types 1 & 2
- Dysrhythmias
- Epilepsy
- Glaucoma
- Haemophilia
- HIV/AIDS
- Hyperlipidaemia
- Hypertension
- Hypothyroidism
- Multiple sclerosis
- Parkinson's disease
- Rheumatoid arthritis
- Schizophrenia
- Systemic Lupus Erythematosus
- Ulcerative colitis



PREVENTATIVE CARE BENEFITS

Health screening is an essential part of preventative healthcare and is vital to maintaining overall well-being and improving outcomes by providing care at the earliest possible stage.

Wellness Consultation

- R1 870 per family per annum

Preventative Care and Screening Benefits include

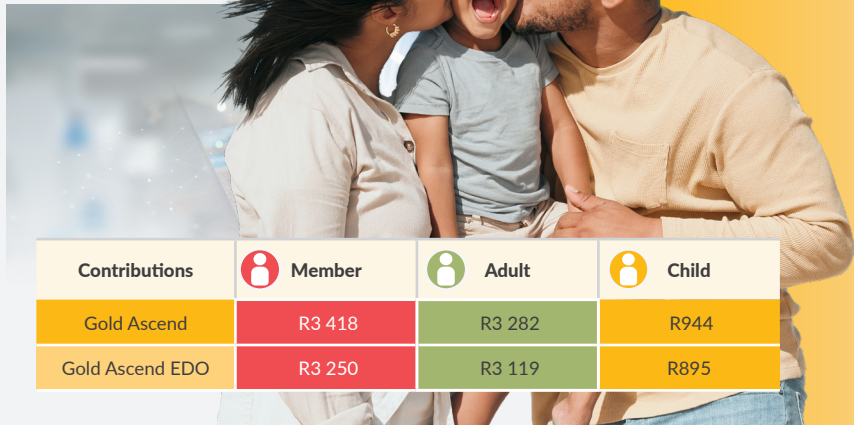
- One (1) pap smear for females over 18 years per beneficiary per annum
- One (1) mammogram for females over 40 years of age per beneficiary per annum
- One (1) skin cancer screening per beneficiary above 55 years of age, annually
- One (1) PSA for males over 40 years per beneficiary per annum
- Blood sugar, cholesterol, blood pressure, Body Mass Index, HIV

Vaccinations Benefit

- Covid-19 vaccination per beneficiary
- Flu vaccination
- HPV vaccination
- Pneumococcal vaccine

Female Contraceptive Benefit

- R3 331 per family



Contributions	Member	Adult	Child
Gold Ascend	R3 418	R3 282	R944
Gold Ascend EDO	R3 250	R3 119	R895