

COPPER Core Plan

2021

OUT-OF-HOSPITAL BENEFITS



Day-to-Day:

- ✓ Unlimited GP consultations, subject to managed care protocols within Designated Service Provider (DSP)
- ✓ Pre-authorisation is required after the 5th GP visit
- ✓ Each beneficiary to select a GP
- ✓ 4 out-of-network consultations for emergencies
- ✓ Up to 4 Specialist consultations per family per year
- ✓ Acute Prescriptions: R1 265 per beneficiary per year, subject to the family limit
- ✓ Over-the-counter medication up to R650 per family
- ✓ All benefits are subject to pre-authorisation.

Pre-authorisations & General Enquiries
Tel: 0860 002 400
Email: admin@enablemed.co.za



Dental Care:

- ✓ Benefit cover available per beneficiary
- ✓ Oral Hygiene
- ✓ Extractions
- ✓ Intra Oral X-Rays
- ✓ Root Canal treatment is subject to managed care protocols
- ✓ Plastic Dentures: 1 set per beneficiary in a 4 year period

Available @DENIS: 0860 109 556
Email: sizweenq@denis.co.za



Optical:

- ✓ All benefits are subject to pre-authorisation.
- ✓ 1 eye test per beneficiary in a 24 month cycle
- ✓ Frames: R520 per beneficiary for frames per 24-month cycle
- ✓ Lenses: Subject to combined family benefit

Optical benefits, queries and pre-authorisations (PPN):
Tel: 041 0650 650
Email: info@ppn.co.za
Website: www.ppn.co.za



Maternity Benefits:

- ✓ Within GP & Specialist limit
- ✓ Blood tests covered
- ✓ 2x 2-D Sonar Scans
- ✓ New-born Hearing Test
- ✓ Subject to registration on the Maternity Benefit Programme within 24 weeks of falling pregnant

IN-HOSPITAL BENEFITS

In-Hospital:

- ▶ Unlimited hospitalisation, subject to a network of hospitals
- ▶ Specialist cover at 100% Sizwe rate
- ▶ Medicine to take home (TTO): Limited to a supply of 7 days
- ▶ Maternity cover at 100% Sizwe rate for natural and indicated caesarean birth
- ▶ 21 day hospital benefit for mental health
- ▶ Substance Abuse Rehabilitation: 3-day withdrawal treatment and up to 21 days benefit admission for rehabilitation
- ▶ MRI & CT scans paid at 100% Sizwe rate, with no co-payments
- ▶ Emergency ambulance services are covered
- ▶ A co-payment of R 1 500 is applicable if no authorisation is obtained prior to admission, except for emergencies

COVER FOR GRANDCHILDREN



**CHILD RATE APPLIES UP
TO THE AGE OF 25**

**LOWEST
CONTRIBUTIONS**

CHRONIC BENEFITS

Cover for 26 Chronic Conditions:

- ▶ Addison's Disease
- ▶ Asthma
- ▶ Bipolar Mood Disorder
- ▶ Bronchiectasis
- ▶ Cardiac Failure
- ▶ Cardiomyopathy
- ▶ Chronic Obstructive Pulmonary Disease
- ▶ Chronic Renal Disease
- ▶ Coronary Artery Disease
- ▶ Crohn's Disease
- ▶ Diabetes Insipidus
- ▶ Diabetes Mellitus: Types 1 & 2
- ▶ Dysrhythmias
- ▶ Epilepsy
- ▶ Glaucoma
- ▶ Haemophilia
- ▶ Hyperlipidaemia
- ▶ Hypertension
- ▶ Hypothyroidism
- ▶ Multiple Sclerosis
- ▶ Parkinson's Disease
- ▶ Rheumatoid Arthritis
- ▶ Schizophrenia
- ▶ Systemic Lupus Erythematosus
- ▶ Ulcerative Colitis
- ▶ HIV and AIDS

Copper Core Only

Pharmacy and Chronic Pre-Authorisations
(Mediscor):
Email: preauth@mediscor.co.za



PREVENTATIVE CARE BENEFITS

This is a unique benefit to encourage health awareness.

Health Screening Tests:

Only one of each screening test per beneficiary per year:

- ✓ Blood Pressure
- ✓ Blood Sugar
- ✓ Cholesterol
- ✓ BMI (Body Mass Index)
- ✓ HIV

Other Screening Tests:

Women above 40 years:
1 Mammogram every 2 years

Women above 21 years:
1 Pap Smear every 2 years

Men above 40 years:
1 Prostate Specific Antigen (PSA) test per year

Female Contraceptives:

Limit of R768 per family per year

Income Banded Contributions	Principal Member	Adult dependant	Child dependant
R0 – R9 250	R1 125	R1 125	R480
R9 251 – R13734	R1 370	R1 290	R525
R13 735+	R2 250	R2 025	R600

As agreed with billing and contributions.